

# MUSCULOSKELETAL AND FASCIAL MANIPULATION WORKSHOP

## Workshops are Held in Denver, Colorado

### Course Format

Dr. Thomas Ravin's 2-day workshop on Musculoskeletal and Fascial Manipulation combines didactic fundamentals with hands-on experience to enable you to quickly apply these methods in your office.

You will learn how to use the diagnostic sequence to focus on **treatment of non-surgical issues** related to the neck, thoracic, lumbar and lower-back, ankles, ilium, SI joint, shoulders, scars, and muscle spasms.

**Anatomy** → **Physical Exam** → **History** → **Diagnosis** → **Treatment**

FRIDAY: Didactic Fundamentals		SATURDAY: Hands-on	
Morning	Afternoon	Morning / Afternoon	Afternoon
Foot, ankle, wrist-hand-elbow	Shoulder	Lumbosacral, SI Joint	Thoracic, Neural Therapy
<b>Anatomy of the Joints</b> <ul style="list-style-type: none"> <li>Anatomy review</li> <li>Joint functions                             <ul style="list-style-type: none"> <li>Function and form</li> </ul> </li> </ul> <b>Muscles and Tendons</b> <ul style="list-style-type: none"> <li>Cramps and spasms</li> <li>Muscle spasms related to joint protection</li> <li>Jones tender points</li> <li>Travell trigger points</li> </ul> <b>Individual Joints</b> <ul style="list-style-type: none"> <li>Ankle and fibula dysfunctions                             <ul style="list-style-type: none"> <li>Basic foot dysfunctions</li> </ul> </li> <li>Wrist</li> <li>Common Jones tender points                             <ul style="list-style-type: none"> <li>Knees</li> <li>Elbows</li> <li>Shoulders</li> </ul> </li> </ul>		<b>SI joint</b> <ul style="list-style-type: none"> <li>Anatomy                             <ul style="list-style-type: none"> <li>Form / functions of SI Joint</li> </ul> </li> </ul> <b>Issues with the Ilium, Sacrum, L5, Pubes</b> <ul style="list-style-type: none"> <li>Diagnosis</li> <li>Common problems</li> <li>Separating ilium, sacrum, L5                             <ul style="list-style-type: none"> <li>Different styles</li> </ul> </li> </ul> <b>Thoracic Spine</b> <ul style="list-style-type: none"> <li>Functional (safe sitting)</li> </ul> <b>Neural Therapy</b> <ul style="list-style-type: none"> <li>Scars</li> <li>Pain generators that work in shadows                             <ul style="list-style-type: none"> <li>Autonomic response testing (ART)</li> <li>Dietrich Klinghart</li> </ul> </li> </ul>	

### Who should come?

This workshop is ideally suited for **MD's, PA's, NP's, doctors of oriental medicine, naturopaths, physical therapists, and other body workers.**

### What you need to know about the workshop:

- For patients who have non-surgical problems
- These methods are simple, safe, and easy to learn
- Learn all this in two days
- Treat family, friends, and patients
- How to evaluate and treat scars that may cause musculoskeletal pain
- Differences between this treatment form and chiropractic
- Diagnose and treat the neck, thoracic, lumbar and lower-back, ankles, ilium, SI joint, shoulders, scars, and muscle spasms
- Didactic and hands-on sessions will give the the whole picture

### Learn these important skills and treatment methods:

- Thrust techniques
- Functional techniques
- Muscle energy
- Strain and counter-strain

### To Learn More:

- [www.ProlotherapyEducation.com](http://www.ProlotherapyEducation.com)
- email: [info@ProlotherapyEducation.com](mailto:info@ProlotherapyEducation.com)
- phone: 1 (303) 270-9191